

# Safeguarding Adults in Leicester, Leicestershire and Rutland

## What is adult safeguarding?

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse and neglect. Adult safeguarding is something which is done with the adult at risk of harm, enhancing their involvement, choice, and control.

## Who is an adult at risk?

An adult at risk of harm is defined as someone who may have needs for care and support (whether or not the local authority is meeting those needs), and is experiencing, or at risk of, abuse or neglect and is unable to protect themselves.

## Who might have care and support needs?

Care and support can be practical, financial, or emotional support for adults who would benefit from this to manage their lives and be independent. This could include older people, people with a disability or long-term illness, and people with mental ill health.

# What is abuse and neglect?

Abuse and neglect happens in lots of different ways, for example:

- when someone hurts or treats another person badly
- when someone does things to upset or frighten people
- when someone ignores medical or physical care needs

Abuse and neglect can happen anywhere. Adults with care and support needs could be abused by anyone, including a partner, family member, neighbour, friend, health or social care professional, volunteer, or a stranger.

## What can I do if I am being abused or I am worried that someone else is?

If you think you or someone you know is being abused or neglected, tell someone you trust as soon as possible. You can report the abuse or neglect of an adult with care and support to the adult social care team where they live:

- Leicester City Adult Social Care Team: **0116 454 1004**  
**(operational 24 hours a day, 7 days a week)**
- Leicestershire County Council Adult Social Care Team: **0116 305 0004**  
**(Monday to Thursday, 8.30am to 5pm, Friday 8.30am to 4.30pm)**
- Rutland County Council Adult Social Care Prevention and Safeguarding Team: **01572 758 341**  
**(Monday to Thursday, 8.30am to 5pm, Friday 8.30am to 4.30pm)**
- Emergency Duty Team for Leicestershire and Rutland: **0116 305 0888**  
**(Evenings, weekends, Bank Holidays)**
- If a crime has been committed, you can report to Leicestershire Police via their website **[www.leics.police.uk](http://www.leics.police.uk)** or you can call **101**. If it is an emergency phone **999**.

# How can I find out more information about safeguarding adults?

To find out more information about safeguarding adults in Leicester, see the Leicester Safeguarding Adults Board website [www.leicester.gov.uk/lsab](http://www.leicester.gov.uk/lsab)

If you are a community group in Leicester and would like to find out more about safeguarding adults, please contact Leicester Safeguarding Adults Board's Engagement Officer, Shobhana, at [LSAB@leicester.gov.uk](mailto:LSAB@leicester.gov.uk) or on 0116 454 6270 to arrange a virtual session (please **do not** report abuse or neglect via this route).

To find out more information about safeguarding adults in Leicestershire and Rutland, see the Leicestershire & Rutland Safeguarding Adults Board website <https://lrsb.org.uk/>