



'R' FOR REMEMBER (and much more)

Recognition – Do you know what abuse looks like? What are the thresholds for concern?

Report – Do you know who to share this information with? Do you feel confident to talk to that person? What will you do if you are not listened to? Do you know how to escalate concern? Do you know how to whistle blow?

Risk – Do you know what makes some situations more risky? If not do you feel confident to ask? Do you know what 'safe' looks like? Acknowledge **Resilience**.

Relevance – Do you understand the relevance of the information you have? Does it matter if you don't? It may be relevant to the bigger picture and another agency may think it is critically relevant.

Resistance – Do you feel confident to challenge families or colleagues? Can you recognise when people are being evasive?

Relationships – Are you clear about the boundaries of your relationship with children, adults, families and carers? How do you avoid collusion? Are you clear what your **Role** is?

Recording – Is your recording clear, evidenced based with agreed actions and timescales? Can you state 'in my professional judgement' with confidence?

Representing – Is the voice of the child or adult heard? How do you ensure they have every opportunity to be part of the process? Can you 'walk in their shoes'?

Review – What are your contingency plans? How do you cope with change?

Responsive – How do you manage optimism and pessimism as completely natural human responses to complex situations?

Reflection – Do you have space personally and professionally to learn? How do you challenge your own judgements?

ALL UNDERPINNED BY
CLEAR, CREATIVE, ACCESSIBLE COMMUNICATION