

About us

Family Action is a charity committed to building stronger families by delivering innovative and effective services and support that reaches out to many of the UK's most vulnerable people.

We seek to empower people and communities to address their issues and challenges through practical, financial and emotional help

About the PSA Parent and Carers' Service

This is a new free service which will complement our existing Post Sexual Abuse (PSA) service, providing individual support for parents and carers whose child has experienced sexual abuse.

Service address

Fosse Neighbourhood Centre
Mantle Road
Leicester
LE3 5HG
Tel: 0116 216 8334
Email: Leicester@family-action.org.uk
Web: www.family-action.org.uk

Family Action PSA Parent and Carers' Service


Providing one to one support for parents and carers in Leicestershire whose child has experienced sexual abuse.



Family Action Head Office

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Chair: Bryan Portman MBA FCCA FCIS. Chief Executive: David Holmes CBE



**Individual support
for parents and
carers whose
child has
experienced
sexual abuse**

When a child discloses sexual abuse, the parent or carer can be thrown into chaos. They can often feel isolated and struggle with feelings of shock, disbelief, shame and guilt, while having to continue to meet the needs of and support their child. From our experience of delivering the PSA service to children and young people we are aware that parents and carers also need individual support to help them through this difficult time.

The PSA Parent and Carers' service provides support to those caring for a child up to the age of 18 who has experienced sexual abuse. The service gives parents and carers the opportunity to talk about how the experience has affected them by providing a safe environment where they can share their worries and concerns. The service also provides support around the impact of abuse and trauma, and guidance on parenting a child who has experienced sexual abuse.

The PSA Parent and Carers' service is available to those who live in the Leicestershire area only. Each parent or carer will be offered four one hour sessions with one of our highly experienced social workers at home or at our Leicester office.

**The service accepts referrals
from professionals, and
self-referrals from
parents and carers.**

**If you would like further
information regarding the
service please contact:**

**Joy Russell or a member of the
PSA team
Tel. 0116 216 8334
Mobile 078 2341 2000
Email: Leicester@family-action.org.uk**

**Fosse Neighbourhood Centre
Mantle Road
Leicester LE3 5HG**

