

Safeguarding MATTERS

Issue 27
October 2021

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Welcome to the latest edition of Safeguarding Matters

This edition shares learning from Safeguarding Reviews and Multi-Agency Audits conducted locally and nationally plus other useful resources to support practice.

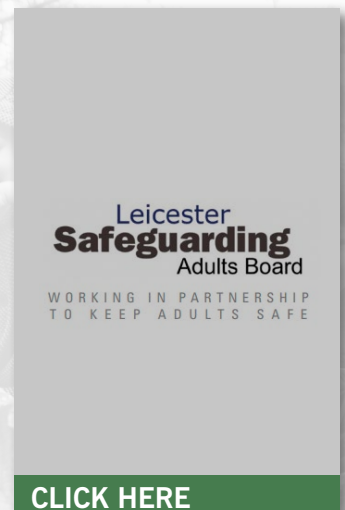
Undertaking a review/audit enables us to shine a light on areas of direct work, understanding of procedures, awareness of specific types of abuse and neglect and promote examples of good practice

Reviews can result in systemic changes, procedural updates and awareness raising on topics that address a whole family and community approach

Learning from reviews also shapes and informs the work of the Safeguarding Partnership / Boards the Annual reports which outline the work 2020/2021 are now available online.



[CLICK HERE](#)



[CLICK HERE](#)



Learning from Safeguarding Children Practice Reviews

Local reviews in relation to young people self-harming and suicide have identified a number of issues that have led to the development of supporting guidance and signposting to resources.

Children missing education

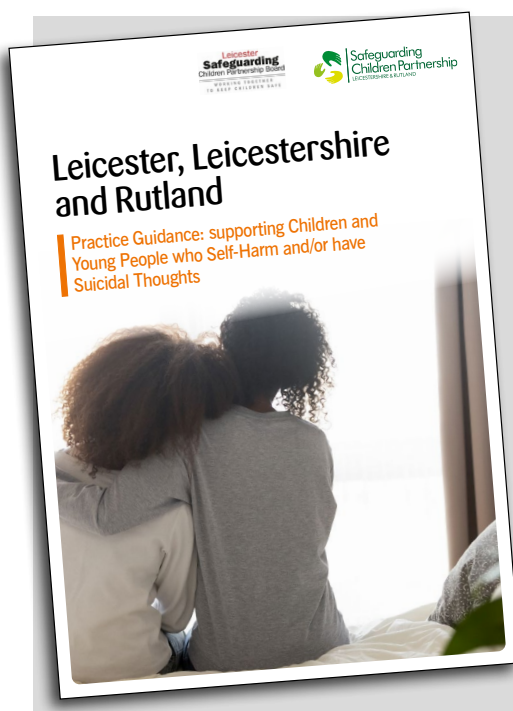
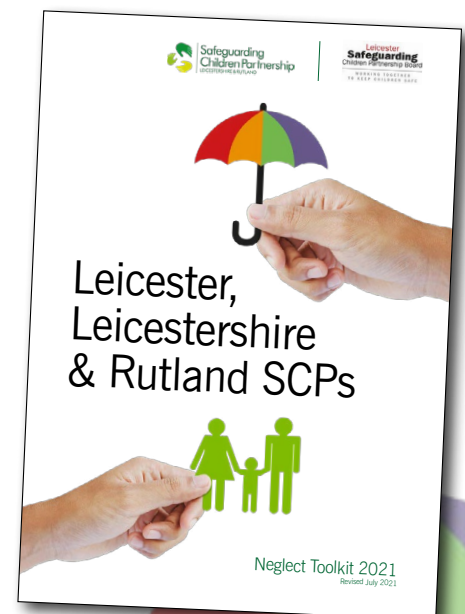
In September 2020 Leicestershire County Council officially launched their Inclusion Service. The Inclusion service offers support to all children and young people, enabling them to access to a good educational environment and supports transition back in to learning. www.leicestershire.gov.uk/education-and-children/schools-colleges-and-academies/inclusion-service

Keeping children safe in education 2021

The Statutory guidance for schools and colleges has been updated. It is essential that everybody working in a school or college understands their safeguarding responsibilities to safeguard and promote the welfare of children. Governing bodies and proprietors should ensure that those staff who work directly with children read at least Part one of this guidance.

Long Term Adolescent Neglect

The [LLR Neglect Toolkit & Checklist](#) has been updated and was launched on the 4th October 2021 and includes information regarding adolescent neglect



Supporting Young People who Self Harm

[Supporting Children and Young People who Self-Harm guidance](#) has been developed by the Safeguarding Children Partners for Leicester, and Leicestershire and Rutland. The aim of this guidance is to support good practice from all practitioners when working with young people where self-harm and suicide are concerns. It does not replace the need to seek specialist support and advice but does encourage open conversations with young people and provides some examples of questions that can assist a better understanding of the young person's needs.

The guidance includes links to various resources to further enhance practice and a template for a specific safety plan that can be used to try to create safety for young people and encourages collaboration across agencies to provide solid joined up support.

[Leicester, Leicestershire & Rutland Children & Young People Mental Health Service Information for Professionals](#) guide has been produced to assist professionals in considering a choice of support available to access emotional, mental health and wellbeing services across Leicester, Leicestershire and Rutland for the children, young people and families you work with.

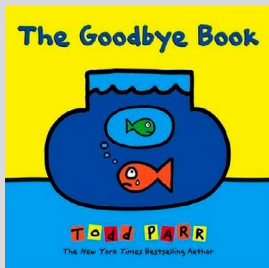
Supporting Children and Young People through Grief and Loss

Most children and young people are aware of death, even if they don't understand it. Experiencing grief first-hand is an often-confusing process for children.

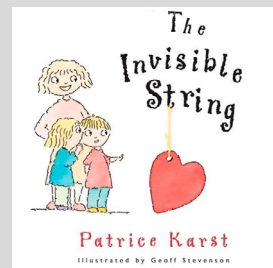
After losing someone the child may experience changeable moods, this does not mean that they aren't sad or that they have finished grieving. It is also normal to feel depressed, guilty, anxious, or angry at the person who has died, or at someone else entirely.



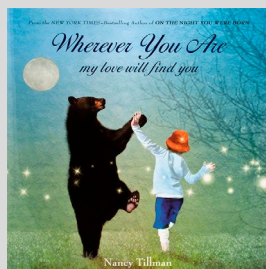
Here are some books to help children to talk about love, illness, death, and the stages of grief.



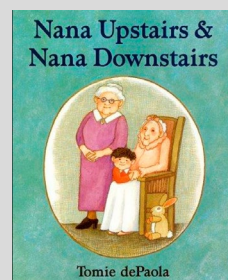
The Goodbye Book. Parr guides young readers through the feelings most commonly felt when struggling with a goodbye, with the reassurance that with time things will get better, and a reminder that they are always loved.



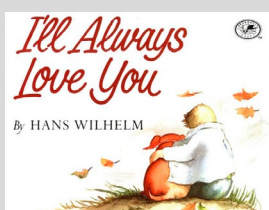
A comforting story about two siblings who learn that everyone has an invisible string connecting them to everyone they love — anywhere, anytime — through separation, anger, and even death.



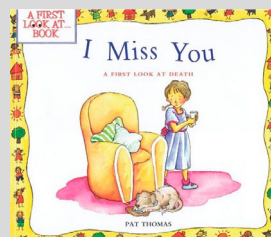
Exploration of the unconditional love that a parent has for a child, even when they cannot be together. While death is not explicitly mentioned, this book is a lovely resource for offering reassurance to children who have experienced the loss of a parent.



A tender story of love and care for an elderly relative through the eyes of a young boy



Explores the love between humans and their pets through the story shared by a young narrator about his dog.



This book explains what we know about death and grief in a simple, factual manner. It outlines reasons why people die, introduces what a funeral is, and explores the difficult feelings and emotions of saying goodbye and missing someone very much.

"Losing someone can be tough. We have advice and resources to help you deal with grief and guide family or friends who are providing support."

Sue Ryder Website - Coping with Grief

Bereavement Services

Cruse Bereavement Services

The Cruse Bereavement Care Freephone National Helpline is staffed by trained bereavement volunteers, who offer emotional support to anyone affected by bereavement.

Our volunteers are here to help you talk things through. They can also help you find your local Cruse service, or signpost you to other services and useful sources of information.

The helpline is open Monday-Friday 9.30-5pm (excluding bank holidays), with extended hours on Tuesday, Wednesday and Thursday evenings, when we're open until 8pm.

The number is **0808 808 1677**

Leicestershire office **0116 288 4119**.

Services

Advice and support, Counselling, Health and wellbeing

Location

Blaby, Charnwood, Harborough, Hinckley and Bosworth, Leicester, Melton, North West Leicestershire, Oadby and Wigston

Email: leicester@cruse.org.uk

Website: www.cruse.org.uk/about-crus

Sue Ryder Palliative, neurological and bereavement support

Sue Ryder's online community and support contains a wealth of information to help you 24 hours a day from your computer, tablet or mobiles. So, wherever you are you can find

- Support from others who understand
- Free, practical information
- FAQs and links to further information or support services.

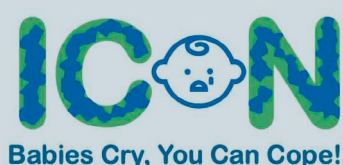
Phone: 0808 1644572

Email: online.community@sueryder.org

Website: www.sueryder.org



Supporting Families



- I** = Infant crying is normal
- C** = Comfort methods can help
- O** = It's OK to walk away
- N** = Never, ever shake a baby

“The ICON project regarding crying babies and preventing abusive head trauma is rolling out in Leicester, Leicestershire & Rutland. The project will fully launch in 2022, though information will be available and provided through some routes to families from November 2021.”

<https://iconcope.org/>



Early Help

Providing early help is more effective in promoting the welfare of children than reacting later. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to the teenage years.

Early help can also prevent further problems arising; for example, if it is provided as part of a support plan where a child has returned home to their family from care, or in families where there are emerging parental mental health issues or drug and alcohol misuse.

Working Together to Safeguard Children (2018)

The Early Help Assessment (EHA) is a multi-agency team around the family approach with an identified lead professional co-ordinating a whole family plan to address multiple issues at an early help threshold. The assessment is used to assess the needs of the child, young person or family when additional needs start to be identified and when these become more complex and require more than one agency to provide help. It provides a framework for practitioners and families to work together to improve outcomes for children.

Each local authority area has a clearly defined early help offer and Early Help Assessment model. Many services across Leicester, Leicestershire and Rutland provide a range of early help services that can support the Early Help Assessment model to be effective for families. Further information about the current Early Help offer and Early Help Assessment model and how to request targeted early help services in Leicester, Leicestershire and Rutland can be found online at the links given here:

Leicester Early Help - [HERE](#)

Leicestershire Early Help - [HERE](#)

Rutland Early Help - [HERE](#)

Thresholds for access to services

For children and families
in Leicester, Leicestershire & Rutland



CLICK HERE

Thresholds for Access to Services for Children and Families

This document (updated September 2021) includes the process for the early help assessment and the type and level of early help interventions or services to be provided; and the criteria, including the level of need, for when a case should be referred to Local Authority Children's Social Care for assessment and for statutory intervention or services.



Bath Time Safety

For babies and young children, bath time is about more than just getting clean – it can be a chance to play or to unwind and relax before bed!

However, as fun as bath time can be, sadly accidents still happen. That's why it's important we take some simple steps to make sure our little ones are safe in the tub.

Always stay within arm's reach of your little one when they're in the bath. Wet soapy babies are slippery. If they slide down, or roll over, they can't always right themselves, and you won't always hear them trying. So even if the phone rings, or the doorbell goes, stay where you can see them.

Baby bath seats might look helpful, but by leaving your hands free they can provide a false sense of security. As babies can drown quickly, quietly, and in only a few centimetres of water, you're better off without one – supervision really is key.

Here are some helpful links for more information

Royal Society for the Prevention of Accidents

www.rosa.com/resources/hubs/keeping-kids-safe/bath-time#collapse-bathtime

Bumps to Babies advice and videos

<https://healthforunder5s.co.uk/leicestershire/services/specialist-support/bumps-to-babies-antenatal-sessions/>

NHS link for safe bathing of a baby

www.nhs.uk/conditions/baby/caring-for-a-newborn/washing-and-bathing-your-baby/

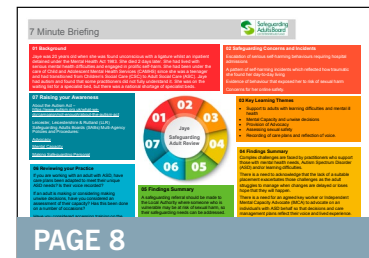


Learning from Adult Reviews

See pages 8 & 9 for 7 Minute Briefings in relation to the deaths of:

Jaye - 20 years old when she was found unconscious with a ligature whilst an inpatient detained under the Mental Health Act 1983.

Jenny - was in her thirties when she died. Throughout her life, she experienced difficulties with her mental health, drug and alcohol misuse



How to refer to Turning Point:

Referrals are accepted from professionals, from family/friends and direct self-referrals

Referrals can be made through:

www.turning-point.co.uk/services/leicestershire using the online referral form

Telephone: 0330 303 6000

Drop in service at all sites (Leicester, Loughborough, Coalville)

Turning Point delivers substance misuse services across Leicester, Leicestershire and Rutland to both adults and Young People. We provide a comprehensive range of psychosocial and clinical interventions to support people to stabilise in treatment and move into recovery. We deliver interventions individually and in groups, along with online e-modules.

You can find out more about the service and what is available on our website:

www.turning-point.co.uk/services/leicestershire, here you will also find lots of information about different substances for your information.

For professionals working with those with substance misuse issues we can offer:

- support and advice through our consultancy email: turningpoint.leicester@NHS.net
- Turning Point also offer information sessions bi-monthly that professionals can book: bookings email Caroline.Gadsby@turning-point.co.uk

7 Minute Briefing

01 Background

Jaye was 20 years old when she was found unconscious with a ligature whilst an inpatient detained under the Mental Health Act 1983. She died 2 days later. She had lived with serious mental health difficulties and engaged in prolific self-harm. She had been under the care of Child and Adolescent Mental Health Services (CAMHS) since she was a teenager and had transitioned from Children's Social Care (CSC) to Adult Social Care (ASC). Jaye had autism and found that some practitioners did not fully understand it. She was on the waiting list for a specialist bed, but there was a national shortage of specialist beds.

07 Raising your Awareness

About the Autism Act –
<https://www.autism.org.uk/what-we-do/campaign/not-enough/about-the-autism-act>

Leicester, Leicestershire & Rutland (LLR)
Safeguarding Adults Boards (SABs) Multi-Agency
Policies and Procedures:

[Advocacy](#)

[Mental Capacity](#)

[Making Safeguarding Personal](#)

06 Reviewing your Practice

If you are working with an adult with ASD, have care plans been adapted to meet their unique ASD needs? Is their voice recorded?

If an adult is making or considering making unwise decisions, have you considered an assessment of their capacity? Has this been done on a number of occasions?

Have you considered accessing training on the Mental Capacity Act (MCA) and/or ASD?

If you are working with a young adult, who is at risk of being sexually harmed, have you thought about how they might be safeguarded?



05 Findings Summary

A safeguarding referral should be made to the Local Authority where someone who is vulnerable may be at risk of sexual harm, so their safeguarding needs can be addressed.

Records of assessments and best interest decisions need to evidence the adult's voice (lived experience) and family views.

02 Safeguarding Concerns and Incidents

Escalation of serious self-harming behaviours requiring hospital admissions

A pattern of self-harming incidents which reflected how traumatic she found her day-to-day living

Evidence of behaviour that exposed her to risk of sexual harm

Concerns for her online safety.

03 Key Learning Themes

- Support to adults with learning difficulties and mental ill health
- Mental Capacity and unwise decisions
- Provision of Advocacy
- Assessing sexual safety
- Recording of care plans and reflection of voice.

04 Findings Summary

Complex challenges are faced by practitioners who support those with mental health needs, Autism Spectrum Disorder (ASD) and/or learning difficulties.

There is a need to acknowledge that the lack of a suitable placement exacerbates those challenges as the adult struggles to manage when changes are delayed or loses hope that they will happen.

There is a need for an agreed key worker or Independent Mental Capacity Advocate (IMCA) to advocate on an individual's with ASD behalf so that decisions and care management plans reflect their voice and lived experience.

If an adult is making or considering making an unwise decision that may cause harm, practitioners need to assess the individual to see if they have mental capacity, and this may need to be done on a number of occasions during contact with them.

7 Minute Briefing

01 Background

Jenny was in her thirties when she died. Throughout her life, she experienced difficulties with her mental health, drug and alcohol misuse. There was involvement with Jenny from a range of statutory and voluntary services. However, she did not always engage with services, particularly outside of crisis periods.

02 Safeguarding Concerns and Incidents

During the last year of Jenny's life, there were

- Several periods of acute crisis
- Issues with her neighbours
- Suicidal thoughts
- Non-engagement with services.

07 Raising your Awareness

Information for carers from Leicestershire County Council –

<https://www.leicestershire.gov.uk/adult-social-care-and-health/looking-after-someone>

Information for carers from Rutland County Council – <https://www.rutland.gov.uk/my-services/health-and-family/adult-social-care/carers/>

Resolving Professional Disagreements (Leicester, Leicestershire & Rutland [LLR] Safeguarding Adults Boards (SABs) Multi-Agency Policies and Procedures) – <https://www.llradultsafeguarding.co.uk/resolving-professional-disagreements-2/?hlite=%27escalation%27>

06 Reviewing your Practice

If the service user is not engaging, and the case is heading towards closure, have you:

- considered any outstanding safeguarding concerns?
- informed all necessary people / agencies about the upcoming case closure?

Do you know what support is available to informal carers?



05 Reviewing your Practice

Do you have a full picture of:

- The needs of the adult
- Which agencies are involved?

Have you shared information appropriately?

Have you made any necessary referrals?

Has a key worker been identified?

03 Key Learning Themes

- Implication of case closure on multi-agency working and ongoing risk
- Fully understanding the adult's issues in order to deliver appropriate services to them and their family
- Identification of, and support for, informal carers.

04 Findings Summary

Where there is multi-agency working around a service user, a key worker, whose role is to coordinate and monitor agencies' responses, is helpful as both a 'go to' person, but also someone who has oversight of the case.

Practitioners should not withdraw services where there are outstanding safeguarding concerns, unless there is evidence that these concerns have been formally addressed and that a plan is in place for ongoing support.

There is a need to acknowledge informal carers, identify any support required and understand how they can request a statutory carer's assessment. This service needs to be promoted.

National Review Learning

Child Safeguarding Practice Review Panel: annual report 2020 -

[An independent annual report](#) for serious child safeguarding incidents in 2020. Published on 14th May 2021.

Wood Review of multi-agency safeguarding arrangements –

[A report](#) on the implementation of new multi-agency arrangements to safeguard children by Sir Alan Wood CBE. Published on 14th May 2021.

Babies harmed by male carers

Source: Child Safeguarding Practice Review Panel

Date: 16 September 2021

The Child Safeguarding Practice Review Panel has published a review of the circumstances involved in cases where babies under-one-year-old have been harmed or killed by their fathers or other males in a caring role. Findings include: a range of risk factors were common in many of the cases, a lack of information sharing was a key factor that prevented practitioners from responding to risk to babies, and many services aimed at new parents are predominantly focused on the mother. Recommendations include: the government should fund pilots to develop holistic work with fathers and the engagement of fathers must be embedded in prospective and current family-focused programmes. NSPCC Learning has published a CASPAR briefing summarising learning from the review.

Read the news story:

[New review investigates babies harmed by fathers and stepfathers](#)

Read the report:

[Safeguarding children under 1 year old from non-accidental injury](#)

Read the CASPAR briefing:

[Summary of “The myth of invisible men”: safeguarding children under one from non-accidental injury caused by male carers: CASPAR briefing](#)

Procedure Updates

Safeguarding Adult Procedures

[VIEW ONLINE](#)



**Safeguarding
Adults Board**
LEICESTERSHIRE & RUTLAND

**Leicester
Safeguarding
Adults Board**

WORKING IN PARTNERSHIP
TO KEEP ADULTS SAFE



September 2021 Updates

This email is to let you know that the [LLR SAB Multi-Agency Policies & Procedures Resource](#) has been updated.

Please click below to see what has been updated and what is new in this edition. Many thanks.

[CLICK HERE TO FIND OUT
THE LATEST CHANGES](#)

To unsubscribe or change your details, [click here](#).



*Safeguarding
children under
1 from non-
accidental injury
caused by male
carers*

Safeguarding Children Procedures

The updated Leicester and the Leicestershire and Rutland Safeguarding Children Partnerships Procedures Manual is now online:

www.proceduresonline.com/llr/scb/



Information for Children and Adult Workers

Multi-Agency Audit - Transitional Safeguarding Young Adults into Adult Services - Early Learning

Multi-Agency Audit - A key area of discussion was the cross-border notification of placements of adults with care and support needs from other areas. Whilst this issue is followed up by the Safeguarding Children Partnership's and Safeguarding Adult Board we would ask workers in Leicester, Leicestershire & Rutland if you are aware of a placement into another area please ensure that the other area is notified in line with Care Act requirements.



Building Confidence In Practice Resource Packs

The Safeguarding Adults Boards and Safeguarding Children Partnership (Board)s of Leicester, Leicestershire and Rutland conduct reviews and multi-agency audits. The objective of these resource pack is to share learning on a specific topic to help build confidence in practice.

These resource packs aim to focus on often complex issues that arise for practitioners when they are working with people whether they are children or adults.

The PowerPoint/PDF can be used:

1. In team/unit meetings
2. As part of a group/individual supervision

You can look at it as a whole or dip in and out of it at your convenience. Use the icons to navigate through.

The first resource pack is now available and looks at the subject of working with resistance.

<https://lrsb.org.uk/building-confidence-in-practice1>

How to' guides to assess Mental Capacity in specific situations

The “**How to**” guides support staff in completing capacity assessments, relating to specific key decisions common to safeguarding; contact with others, financial affairs, internet and social media use, self-neglect and refusal of services, engaging in sexual relationships. www.l1radultsafeguarding.co.uk/resources/local-guidance-and-templates/

Domestic abuse: sources of support

Source: Home Office

Date: 28 May 2021

The Home Office has published a list of organisations offering specialist sources of support for victims of domestic abuse. The guidance includes getting help for children and young people and adolescent to parent violence.

Read the guidance:

[Domestic abuse: get help for specific needs or situations](#)

See also on NSPCC Learning

> [Protecting children from domestic abuse](#)

Domestic abuse

Source: Ann Craft Trust

Date: 01 June 2021

The Ann Craft Trust has created a short quiz featuring eight scenarios to test awareness about domestic abuse and coercive control..

Take the quiz:

[Would you recognise domestic abuse if you saw it?](#)

Read discussion on the scenarios: [Is It domestic abuse?](#)

See also on NSPCC Learning

> [Protecting children from domestic abuse](#)



Online safety: children with autism

Source: Ann Craft Trust

Date: Date: 14 July 2021

The Ann Craft Trust and The Marie Collins Foundation have collaborated to produce a resource to help parents of children and young people with autism understand what online harm is and ways in which they can help and support their children to understand online risks.

Read the news story:

[Helping my autistic child stay safe online](#)

Read the booklet:

[Sexual abuse online: helping my autistic child \(PDF\)](#)

Parents with learning disabilities

Source: Ann Craft Trust

Date: 31 August 2021

The Working Together with Parents Network (WTPN) have published a new version of their good practice guidance on working with parents with learning disabilities. The guidance contains information for anyone working with a family affected by parental learning disability including good practice where

safeguarding procedures are necessary and situations where no child protection issues have been formally raised.

Read the news story: [good practice guidance on working with parents with learning disabilities](#)

Read the guidance: [good practice guidance on working with parents with learning disabilities \(PDF\)](#)



My Role

Name	Naadira Nurgat
Job title	Senior Social Work Practitioner / Advanced Practitioner for Leicester, Leicestershire and Rutland
Organisation	Leicester, Leicestershire and Rutland

The MARAC

The MARAC is a regular local meeting focusing on people at high risk from domestic abuse. Currently in LLR MARAC meetings are on a daily basis, Monday to Friday. It is attended by representatives from a range of agencies including Police, NHS, Adult Social Care (ASC), Children and Families Service, Housing, Independent Domestic Violence Advisors (IDVAs), Probation, mental health and substance misuse and other specialists from the statutory and voluntary sectors. During the meeting relevant and proportionate information is shared about the current risks, enabling representatives to identify options to increase the safety of the adult at risk and any other vulnerable people such as children. The MARAC then agrees multi-agency actions to address the identified risks and increase the safety and wellbeing of all those at risk.

My main role on the MARAC:

1. To provide up to date information from ASC to the MARAC.
2. To take and record information from the MARAC for ASC.
3. To screen cases to check if onward referrals to ASC are required.
4. To screen cases and provide an explanation at the MARAC as to when ASC input / role / referral is not required for each case (for both the victims and perpetrators).

I am also willing to provide support or any advice or recommendations for MARAC cases and signpost as much as I can. Feel free to get in touch if you need my help or you want to talk a case through.

My working day:

My day usually follows this pattern:

08.30 to 10.30: Researching the cases for that day's MARAC (from City, County and Rutland systems) and updating Modus (the MARAC database) prior to the MARAC meeting. If you have an allocated case that is due to be heard at the MARAC I will request an update for the MARAC Review / Target meeting, which I will paste directly onto Modus before the MARAC starts for all agencies / the MARAC record.

10.30 to 12.00/13.00 (approx.): The MARAC (Multi Agency Risk Assessment Conference) takes place, which is currently via Conference Call.

Afternoons: I write up my case notes (in City, County and Rutland systems), notify the relevant workers / teams and make onward referrals if required

If I need to attend any MDTs / safeguarding meetings then I usually attend those arranged in the afternoon. I also mainly respond to emails / queries in the afternoons. There are also occasional MARAC related meetings that take place, including the Complex MARAC which happens once a month for some identified complex cases.

Referrals to the MARAC:

Referrals to the MARAC are made through United Against Violence and Abuse ([UAVA](http://uava.org.uk)).

Wherever possible consent should be sort, but this is not required if an individual as immediate risk of harm.

All the details are below on how to send referrals to the MARAC, along with some useful flowcharts.

www.uava.org.uk/

www.uava.org.uk/professionals/

www.uava.org.uk/make-a-referral/

www.uava.org.uk/wp-content/uploads/2016/08/prof-guide-v2.pdf

Contact us

Leicestershire and Rutland Safeguarding Children Partnership and Safeguarding Adults Board

The Safeguarding Partnerships Business Office, Room 100, County Hall, Glenfield, Leicestershire, LE3 8RF. Telephone: 0116 305 7130 Email: lrsdbo@leics.gov.uk



Training and Upcoming Events

Modern Slavery

Modern slavery is a global problem and international crime, affecting millions of people worldwide, including many victims within the UK.

Men, women and children of all ages and backgrounds are victims of human trafficking, forced labour, domestic servitude or debt bondage.

There are many ways that people can be exploited, forced to work for little or no pay. Types of exploitation include:

- Labour exploitation
- Sexual exploitation
- Domestic servitude
- Organ harvesting
- Criminal exploitation
- Victims are controlled by force, threats, coercion, abduction, fraud and deception.
- Modern slavery is a serious violation of human rights

Watch the video called 'Horse Trading' below on how traffickers operate to exploit victims (10 minutes long):

www.gla.gov.uk/who-we-are/modern-slavery

On the 1st December 2021 a Leicester, Leicestershire and Rutland Case Study workshop will be held to "promote better awareness of children living in households where there is a potential context of modern slavery and how they could be affected by this". More details of the event will be circulated.



Safeguarding Adults Week

2021 15 – 21 November

An opportunity for organisations to come together to raise awareness of important safeguarding issues.

The aim is to highlight safeguarding key issues, facilitate conversations and to raise awareness of safeguarding best practice.

Watch out for further information

